

The Truest Power of You

transformational consulting

PROBLEM CLEARING • MIND CLEARING • EMOTIONAL CLEARING

Private sessions and individual intensives

Email: menakacarole@yahoo.com or call 210-748-4471 for more info.

Problem = Goals + barriers to goals (what the ego says about getting our goals)

A stunning process to not only resolve current problems, but long term chronic problems which can plague one in life. Actually mind patterns, attitudes and states are ego addictions which make it very difficult to communicate effectively. They create a screen through which information that does not agree with the pattern can not get through. One can find oneself getting stuck in a particular state without even realizing how one got into it and more perplexing, how to get out of it.

How Mind Clearing works:

There are several steps to the process which have impeccable criteria woven through so that one does not go on to the next step until the goal of the first step is accomplished. There is always a hidden message behind each state. Once that is found and communicated, the automaticity will be released and one will be able to choose the state or not choose it. It is extremely difficult to get through this alone because each of us has built our ego structure and injected our life energy into it. Once the root attitude is released this energy can be used to open to the True Self (Enlightenment).

What people have said about the work:

"I was able to clarify life goals, refine them, identify a number of attitudes that sabotage my realizing my goals. I got in touch with a root attitude that was in the form of a death wish. I found major areas where I was restraining myself from participating fully in life. It has broken up holding patterns. I had a very profound experience of my deeper self and most importantly a new affirmation of being in life and being alive, manifesting myself in life." ~ William

"Who I really am is universal and unconditional love. I can radiate that now — that confidence and power that I have inside of me. My goal has changed to be able to present that beauty and radiance, powerfulness and unconditional love for myself and others to the world. I'm feeling very excited — getting in touch with the real me." ~ Mary

"Mind clearing work is exquisite and very powerful. We did some deep but gentle work on the state of hopelessness. She was so compassionate and creative in leading me through the process of clearing my mind to open to Truth. Now it's as if a dark cloud has dispersed and I'm in the sunlight. I feel so grateful for Menaka's loving presence and commitment to Truth. After a few sessions of clearing, I took an Intensive and had an enlightenment in the first dyad of the first day!" ~ Lynne

"She holds the space for intensity, lovingness and playfulness in a circle of safety. She is a rich fountain of guidance, aliveness and exploration of new paths to Truth, enlightenment to present one's true self in all communications with others." ~ Adriana

Experience:

Menaka has worked with couples, businesses and individuals, leading over 200 intensives, video workshops, couples and family workshops, and has done clearing, coaching, communication, enlightenment, video and dream work with over 900 individuals, couples, parents and children, businesses, and parolees in the following areas:

- Completing communication cycles including: Attention drills, sending drills, receiving drills, acknowledgment drills
- Dynamic listening skills
- Dream work
- Goals clearing
- Clearing of old programs and past decisions and unconscious goals
- Video presentation
- Bull baiting
- Enlightenment technique
- Couples techniques
- Enneagram work
- Tarot
- Role playing
- Dialoging between inner child and intellect